When using this workbook, your goal is to fill out the **Make or Break Worksheet** with the lowest prices out of Weeks 1-4. For example, if Pampers were at their cheapest in week one at Kroger, that is what you will put in your Make or Break sheet. You will know that you got the Pampers for \$9.49 for 36 diapers, which was your cheapest and according to your notes that was the normal price and not a sale price.

Knowing if you got the item on sale or not is extremely beneficial, because if it is the normal price, you should be able to easily break that price with a sale or coupon. It is important to note that I do not personally include any coupon discount that I received when entering in the price I paid. I just use the price from my receipt before any coupons. The reason for this is that coupons are variable. Some weeks, I have a ton of coupons that I can stack and use and others I do not have any at all. My goal is to save money by not going over the lowest price I have gotten without using coupons.

Update this workbook every three months to insure that you have the most update and accurate information since prices can and do increase over time.

Happy Shopping!











Store Name	Item	Brand	Size	Price	Unit Price